

A model for planning

What do I need to plan:

Budgets: short and long-term

Mortgage or rent planning

Interest and savings rates

Everyday expenses and food

Unexpected expenses

Holidays

Car and household bills

What is my vision of the future?

What are my short and long-term objectives?

What is my potential?

What could I do differently?

How can I take a lateral approach to challenges?

What do I need to organise?

How can I manage my daily schedule, minute by minute?

What steps do I need to take towards my goals?

How will I track them and ensure success?

What are my priorities?

Who do I need to take into account?

How will I take care of close relationships?

How will I keep myself motivated to make the changes I need to make?

Who do I need to connect with – work and home?